



F R E Q U E N C Y
C O F F E E

COFFEE

When serving coffee we have a simple goal at Frequency: work with the best roasters in the business and use the highest-quality equipment to produce a good tasting cup of coffee. We offer a variety of espresso-based and filter coffees. Ask any of our baristas to see what is currently brewing.

Latte / Flat White / Cappuccino - **£2.80** ~ Espresso / Macchiato / Americano - **£2.20** ~ V60 / Aeropress - **£2.80**

OTHER HOT DRINKS

Earl Grey / English Breakfast / Chamomile / Green / Peppermint - **£2.00** ~ Nutella Hot Chocolate - **£2.80**

Juices / Cold Teas / Water / Organic Soft Drinks - from **£1.50**

Add Soy Milk - **£0.20**

ALL DAY BREAKFAST

Morning Goods (v) <i>See the counter for our selection of pastries, cakes, brownies and more.</i>	from £1.80
Eggs and Soldiers (v) <i>2 Soft boiled free-range eggs with thin bread slices Ham (+ £0.60)</i>	£4.50
Warm Scones (v) <i>With butter and jam</i>	£2.50
Greek Yoghurt, Granola & Berries (v) <i>Strawberries, Blueberries, Raspberries, nutty granola and honey</i>	£3.50
Porridge (v) <i>With a selection of berries, honey or Jam</i>	£2.50
Toast (v) <i>Pugliese bread or spelt sultana with jam, peanut butter, nutella or marmite</i>	£2.50
Avocado on Toast (v) <i>Toasted Pugliese bread, fresh avocado, plum tomatoes with our house dressing Salmon (+ £1.00) Feta Cheese (+ £0.60) Ham (+ £0.60)</i>	£5.50

DISHES

All of our dishes come served with a side salad and our house dressing

Cachapa (v) <i>The Cachapa is a traditional Venezuelan dish and is our house special. It consists of a sweetcorn pancake with artisan Venezuelan cheese. Ham (+ £0.60)</i>	£6.90
Soup/Stew of the Day <i>Our seasonal soup accompanied by soft toasted bread and butter.</i>	£4.50
Salad of the Day <i>Our seasonal salad accompanied by soft toasted bread and butter.</i>	£4.50
Sandwiches <i>Please see our display for our options.</i>	from £3.90

BEER, WINE & COCKTAILS

Heineken <i>Lager 330ml</i>	£3.75
Staropramen <i>Lager 330ml</i>	£3.75
Santa Teresa 1796 <i>Premium Venezuelan dark rum</i>	Single Double £4.00 / £6.00
Absolut Vodka <i>Classic Swedish vodka</i>	£4.00 / £6.00
Tanqueray No.10 Gin <i>London Dry Gin</i>	£4.00 / £6.00
Aperol Spritz <i>Consists of Prosecco, Aperol and Soda</i>	£6.50
House Red <i>Cabernet Sauvignon and Syrah Blend</i>	175ml 250ml Bottle £4.75 / £6.00 / £18.00
House White <i>Sauvignon Blanc with a touch of Roussanne</i>	£4.75 / £6.00 / £18.00

MIXERS

Coca Cola - **£1.50** ~ Orange Juice - **£1.50** ~ Fever Tree Tonic - **£1.50**

*Please speak to our staff about any allergies or intolerances before you order
(v) - Vegetarian*